

1. **Specified activity** - any of the following activities performed **frequently*** –
 - (a) any **unsupervised*** form of teaching, training or instruction of children, unless this is incidental to teaching, training or instruction of adults;
 - (b) any **unsupervised*** form of care for or supervision of children, unless this is incidental to care for or supervision of adults;
 - (c) any form of advice or guidance, except legal advice, provided wholly or mainly for children, if the advice or guidance relates to their physical, emotional or educational well-being;
 - (d) moderating a public electronic interactive communication service which is likely to be used wholly or mainly by children and which gives access to the content of the matter and contact with users of the service;
 - (e) driving a vehicle being used only for the purpose of conveying children, and any person supervising or caring for them, under a contract or similar arrangement;
2. **Providing personal care** - assistance given by reason of illness or disability in connection with eating or drinking, or assistance given by reason of age, illness or disability in connection with toileting, washing or bathing, or dressing;
3. **Providing health care** - the provision of health care by a health care professional or under the direction or supervision of one - this also includes the provision of first aid by any person acting on behalf of an organisation established for the purpose of providing first aid;
4. **Specified establishment** - work carried out **frequently*** in one of the following establishments, for or in connection with the purposes of that establishment, and which gives the opportunity to have contact with children, but not including work by volunteers under regular supervision, or occasional or temporary contract work that is not a specified activity listed above –
 - (a) an educational institution which is exclusively or mainly for the provision of full-time education to children;
 - (b) an establishment which is exclusively or mainly for the provision of nursery education;
 - (c) an institution which is exclusively or mainly for the detention of children;
 - (d) a children's home (within the meaning of section 1 of the Care Standards Act 2000);
 - (e) a home provided in pursuance of arrangements under section 82(5) of the Children Act 1989;
 - (f) a children's centre (within the meaning of section 5A(4) of the Childcare Act 2006);
 - (g) childcare premises (but not the home of a parent of at least one of the children);
5. **Registered childminding or fostering**
6. **Management/supervision of regulated activity** - the regular day to day management or supervision of a person who is engaging in regulated activity with children;

***frequently** means on four or more days in any period of 30 days or, in the case of 1(a), (b) or (c) only, at least once overnight where there may be face-to-face contact;

***unsupervised** means not subject to, on a regular basis, the day to day supervision of another person who is engaging in regulated activity with children;

Exceptions to regulated activity with children (not eligible for an enhanced check)

1. **Incidental activity** - any activity which is not an intended and reasonably expected duty of the role;
2. **Family and personal relationships** - any activity conducted in the course of a family relationship (including between people who live in the same household and treat each other as family, but not including fostering) or a personal, non-commercial relationship between friends or family friends;
3. **Groups** - any activity by a member (service user) of a group who merely assists or does anything on behalf of or under the direction of the group leader;
4. **An employed child** - any activity in relation to a child which is carried out in the course of the child's employment (including any form of work whether paid or unpaid) unless the child is under the age of 16 and the activity is carried out by a person in respect of whom arrangements exist principally for that purpose;

1. **Providing health care** - the provision of health care by a health care professional or under the direction or supervision of one - this also includes the provision of first aid by any person acting on behalf of an organisation established for the purpose of providing first aid;
2. **Providing psychotherapy or counselling** - the provision of psychotherapy or counselling, but not life coaching, to an adult which is related to health care the adult is receiving from, or under the direction or supervision of, a health care professional;
3. **Providing personal care** - physical assistance, given to an adult who is in need of it by reason of age, illness or disability, in connection with eating or drinking, toileting, washing or bathing, dressing, oral care, or the care of skin, hair or nails (note: where the assistance relates solely to the cutting of the adult's hair, this is not a regulated activity, e.g. hairdressers in hospitals or care homes);
4. **Providing social work** - the provision by a registered social worker of relevant social work to an adult who is a client or potential client;
5. **Assisting with general household matters** - the provision of day to day assistance to an adult in the running of their household where the adult is in need of that assistance by reason of age, illness or disability, and where that assistance includes managing their cash, paying their bills or shopping;
6. **Assisting in the conduct of an adult's own affairs** - anything done on behalf of an adult by virtue of any of the following –
 - (a) lasting power of attorney or enduring power of attorney under the Mental Capacity Act 2005;
 - (b) being appointed as the adult's deputy under the Mental Capacity Act 2005;
 - (c) being an independent mental health advocate or an independent mental capacity advocate under the Mental Health Act 1983 or the Mental Capacity Act 2005;
 - (d) providing independent advocacy services under the National Health Service Act 2006;
 - (e) receiving payments on behalf of the adult under the Social Security Administration Act 1992;
 - (f) representing or supporting the adult in pursuance of arrangements made under section 67 or 68 of the Care Act 2014 (independent advocacy support);
7. **Conveying** - the conveying, or assistance provided in the conveying, of any adult who needs to be conveyed by reason of age, illness or disability in the following circumstances –
 - (a) the conveying is on behalf of an organisation, whether or not the person who does, or assists in, such conveying is employed by that organisation, and
 - (b) the conveying is to or from a place in which the adult will receive, or has received, health care, relevant personal care or relevant social work, and
 - (c) the person does, or assists in, such conveying for the purpose of enabling the adult to receive that health care, relevant personal care or relevant social work;
8. **Conveying (positions)** - the conveying of adults who need to be conveyed by reason of age, illness or disability by the following persons –
 - (a) any person who is employed as a hospital porter;
 - (b) any person who is employed as an emergency care assistant;
 - (c) any person who is employed as an ambulance technician;
 - (d) any driver who is employed in the Patient Transport Service or a person who is employed to assist that driver in carrying out the conveying;
9. **Management/supervision of regulated activity** - the regular day to day management or supervision of a person who is engaging in regulated activity with adults;

Exceptions to regulated activity with adults (not eligible for an enhanced check)

1. **Incidental activity** - any activity which is not an intended and reasonably expected duty of the role;
2. **Family and personal relationships** - any activity conducted in the course of a family relationship (including between people who live in the same household and treat each other as family, but not including fostering) or a personal, non-commercial relationship between friends or family friends;
3. **Groups** - any activity by a member (service user) of a group who merely assists or does anything on behalf of or under the direction of the group leader;